Growing Kind Hearts Collection®

Little stories. Big feelings. Growing kind hearts.

My Growing Kind Hearts Themes Checklist



The Choice Inside Me

THEME: Choices & Kindness

Who gets to make my choices?

- ☐ Read / Completed
- ☐ Talked About / Explored



The Worry Balloon

THEME: Worry & Courage

Does worry get to make my choices?

- ☐ Read / Completed
- ☐ Talked About / Explored



Room for Two on the Bridge

THEME: Friendship & Understanding

What happens when I try to make someone else's choices?

- ☐ Read / Completed
- ☐ Talked About / Explored



Many Seeds of Strength

THEME: Perseverance & Growth

How do I find the strength to keep growing when things get hard?

- ☐ Read / Completed
- ☐ Talked About / Explored



Growing Kind Hearts Coloring & Activity Book

THEME: Creativity & Connection

Color • Create • Choose Kindness

- ☐ Read / Completed
- ☐ Talked About / Explored

Different children. Different struggles. One growing understanding of ourselves and one another.